

MY TIRZER

(Tirzepatide) Injection

For Subcutaneous Use Only
Prescription Medicine
For Use Under Healthcare Professionals Only

COMPOSITION: Each vial contains Tirzepatide 5 mg.

PHARMACEUTICAL FORM: Lyophilized powder for injection.

What MY TIRZER (Tirzepatide) Is and What It Is Used For

Tirzepatide is a prescription injectable medicine used to help improve blood sugar control in adults with type 2 diabetes mellitus, together with diet and exercise.

Tirzepatide works by activating two natural hormone receptors in the body (GIP and GLP-1), which help:

- Increase insulin release when blood sugar is high
- Reduce glucagon secretion
- Slow stomach emptying
- Reduce appetite

DOSAGE AND ADMINISTRATION:

Recommended Dosage

Initiate treatment with 2.5 mg once weekly for 4 weeks. If tolerated, increase to 5 mg once weekly. Further dose adjustments must be determined by a healthcare professional based on clinical response and tolerability. **Do not administer more than once weekly.**

Method of Administration

For subcutaneous injection only. Inject into the abdomen, thigh, or upper arm. May be administered with or without meals. Rotate injection sites with each dose.

CONTRAINDICATIONS:

MY TIRZER is contraindicated in patients with:

- Personal or family history of medullary thyroid carcinoma (MTC) or Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- Type 1 diabetes mellitus
- History of pancreatitis or severe gastrointestinal disease, including gastroparesis
- Pregnancy or breastfeeding, or women planning pregnancy
- Children and adolescents under 18 years of age
- Severe renal or hepatic impairment
- Known hypersensitivity to Tirzepatide or any component of the product
- Eating disorders or clinically significant underweight status

INTERACTION WITH OTHER MEDICAMENTS:

MY TIRZER must not be administered in combination with other injectable products in the same syringe. Do not use other medicinal products, including non-prescription medicines, herbal products, or supplements, during treatment with Tirzepatide unless approved by a healthcare professional. This includes, but is not limited to, medicines for appetite control, asthma, colds, cough, hay fever, sinus conditions, or salicylates (e.g. aspirin).

WARNINGS AND PRECAUTIONS:

Concomitant use with insulin or other GLP-1 or GIP receptor agonists may increase the risk of hypoglycaemia and should only be undertaken under strict medical supervision. Regular monitoring of glycaemic control and gastrointestinal tolerance is recommended.

SIDE EFFECTS:

These following adverse reactions are generally and commonly reported tend to occur during or after dose escalation. Seek immediate medical attention if any of the following occur.

Common Adverse Reactions	Serious Adverse Reactions
<ul style="list-style-type: none">• Nausea• Vomiting• Diarrhoea• Constipation• Abdominal distension• Fatigue• Headache• Injection-site reactions (including erythema and pruritus)	<ul style="list-style-type: none">• Symptoms suggestive of pancreatitis, including severe and persistent abdominal pain, which may radiate to the back.• Signs of a serious hypersensitivity reaction, such as swelling of the face, lips, tongue, or throat; difficulty breathing; or widespread rash.• Severe or persistent gastrointestinal symptoms that may lead to dehydration.• Clinically significant tachycardia or palpitations.


STORAGE CONDITIONS:

- Store refrigerated at 2°C to 8°C. **Do not freeze.** Protect from light.
- After reconstitution with 2 mL of 0.9% sodium chloride solution for injection, store refrigerated and use within 30 days.
- Do not use beyond the recommended storage period.

SHELF LIFE: Please refer outer package.

PACK SIZE: Pack in box of 5 vials.

PRODUCT REGISTRATION HOLDER:

 Wellnet Xolutions SDN. BHD.
(20231014782 (1508704-A))

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